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LEARN THE
Namaaz



**Please Recite Sura Fateha for the
Isale Thawab of:**

Marhum Gulamhussein Mawji
Marhuma Zerabai Gulamhussein Mawji
Mawji Family
Marhuma Naheed Masumali Shamji
Shamji Family
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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

*In the Name of Allah,
The Most Compassionate, The Most Merciful*

Namaaz

Oh mankind! Worship your Lord who has created you and those who have gone before you, so that you may guard yourselves against evil.

(Surah al-Baqarah, 2:21)

Namaz has ten qualities:

It is a pillar of faith; it beautifies the face; it illuminates the heart; it comforts the body; it is a friend in the grave; it causes the mercy of Allah to descend; it is a celestial light; it is a weight attached to the balance; it brings the pleasure of Allah; it is the price of paradise and it is a barrier to hell. He who establishes it, establishes faith and he who forsakes it, demolishes faith.

(The Holy Prophet S.A.W.W.)

Be particular about Namaaz and be punctual in offering it. Offer Namaaz as you can and seek the nearness of Allah by means of it, for Namaaz at appointed hours is obligatory on the faithful.

(Imam Ali ibn-e-Abi Talib A.S.)

Adhan

(Call for Namaaz)

As soon as the time for namaaz draws near, the adhan is recited aloud in every masjid. It is highly desirable to recite the adhan which is as under:

Say 4 times:

اللَّهُ أَكْبَرُ

ALLĀH-U AKBAR

Allah is Great

Say 2 times:

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

ASHHAD-U AN LĀ ILĀH-A ILLĀLLĀH

I bear witness that there is no god but Allah

Say 2 times:

أَشْهَدُ أَنَّ مُحَمَّدًا رَسُولُ اللَّهِ

ASHHAD-U ANNA MUHAMMAD-AN

RASŪLULLĀH

I bear witness that Muhammad is the messenger of Allah

Say 2 times:

أَشْهَدُ أَنَّ عَلِيًّا وَليُّ اللَّهِ

ASHHAD-U ANNĀ ALĪ-YYAN WALĪ-YYULLĀH

I bear witness that Ali is the vicegerent of Allah

Say 2 times:

حَيَّ عَلَى الصَّلَاةِ
HAYYA 'ALĀS-SĀLĀH
Hasten toward prayer

Say 2 times:

حَيَّ عَلَى الْفَلَاحِ
HAYYA 'ALĀ L-FALĀH
Hasten toward salvation

Say 2 times:

حَيَّ عَلَى خَيْرِ الْعَمَلِ
HAYYĀ 'ALĀ KHAYRIL 'AMAL
Hasten toward the best of deeds

Say 2 times:

اللَّهُ أَكْبَرُ
ALLĀH-U AKBAR
Allah is Great

Say 2 times:

لَا إِلَهَ إِلَّا اللَّهُ
LA ILĀH-A ILLĀLLĀH
There is no god but Allah

Iqaamah

(Introduction for Namaaz)

After adhan one should stand erect, alert and attentive to begin the namaaz, facing qiblah. Declaration for the standing of namaaz is called iqaamah which is as under:

Say 2 times:

اللَّهُ أَكْبَرُ

ALLĀH-U AKBAR

Allah is Great

Say 2 times:

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

ASHHAD-U AN LĀ ILĀH-A ILLĀLLĀH

I bear witness that there is no god but Allah

Say 2 times:

أَشْهَدُ أَنَّ مُحَمَّدًا رَسُولُ اللَّهِ

ASHHAD-U ANNA MUHAMMAD-AN RASŪLULLĀH

I bear witness that Muhammad is the messenger of Allah

Say 2 times:

أَشْهَدُ أَنَّ عَلِيًّا وَليُّ اللَّهِ

ASHHAD-U ANNĀ ALĪ-YYAN WALĪ-YYULLĀH

I bear witness that Ali is the vicegerent of Allah

Say 2 times:

حَيَّ عَلَى الصَّلَاةِ
HAYYA 'ALĀS-SALĀH
Hasten toward prayer

Say 2 times:

حَيَّ عَلَى الْفَلَاحِ
HAYYA 'ALĀ L-FALĀH
Hasten toward salvation

Say 2 times:

حَيَّ عَلَى خَيْرِ الْعَمَلِ
HAYYĀ 'ALĀ KHAYRIL 'AMAL
Hasten toward the best of deeds

Say 2 times:

قَدْ قَامَتِ الصَّلَاةُ
QAD QĀMAT-İŞ-ŞALĀH
The prayer has certainly been established

Say 2 times:

اللَّهُ أَكْبَرُ
ALLĀH-U AKBAR
Allah is Great

Say 1 time:

لَا إِلَهَ إِلَّا اللَّهُ
LA ILĀH-A ILLĀLLĀH
There is no god but Allah

Namaaz

The namaaz time and its rak'ats (units):

- | | |
|-------------------------------------|----------|
| 1. Namaaz-e Fajr (Dawn Prayer) | 2 rak'at |
| 2. Namaaz-e Dhohr (Noon Prayer) | 4 rak'at |
| 3. Namaaz-e 'Asr (Afternoon Prayer) | 4 rak'at |
| 4. Namaaz-e Maghrib (Dusk Prayer) | 3 rak'at |
| 5. Namaaz-e Isha (Night Prayer) | 4 rak'at |

Niyah

Say or have in mind, the intention (niyah) of the namaaz you are offering, for example:

(1)

I offer two rak'at Namaaz-e Fajr
Wajib Qurbatan Ilallah
(Seeking nearness to Allah, in obedience to Him)

(2)

I offer four rak'at Namaaz-e Dhohr
Wajib Qurbatan Ilallah
(Seeking nearness to Allah, in obedience to Him)

(3)

I offer four rak'at Namaaz-e 'Asr
Wajib Qurbatan Ilallah
(Seeking nearness to Allah, in obedience to Him)

(4)

I offer three rak'at Namaaz-e Maghrib
Wajib Qurbatan Ilallah
(Seeking nearness to Allah, in obedience to Him)

(5)

I offer four rak'at Namaaz-e Isha
Wajib Qurbatan Ilallah
(Seeking nearness to Allah, in obedience to Him)

After the Niyyah, perform
Takbeeratul Ihram

Raise both hands to the ears and say once:

اللهُ أَكْبَرُ

ALLĀH-U AKBAR

Allah is Great

First Rak'at

Qiyam

(Standing Position)



Recite Surah Al-Fatiha once:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

BISMILĀHIR-ĀHMAĀNIR-RĀHEEM

*In the Name of Allah - the Most Compassionate,
the Most Merciful*

اَلْحَمْدُ لِلّٰهِ رَبِّ الْعٰلَمِيْنَ

ALHAMDU LILLAAHI RÁBBIL 'AALAMEEN
All praise is for Allah - cherisher Lord of all the worlds

اَلرَّحْمٰنُ الرَّحِيْمُ

AR-RAHMAANIR-RAHEEM
The Most Compassionate, the Most Merciful

مَلِكُ يَوْمِ الدِّيْنِ

MAALIKI YAŴMIID-DEEN
Master of the Day of Judgment

اِيَّاكَ نَعْبُدُ وَاِيَّاكَ نَسْتَعِيْنُ

IYYAACA NA'BUDU WA IYYAACA NASTA'EEN
You alone we worship and You alone we ask for help

اِهْدِنَا الصِّرَاطَ الْمُسْتَقِيْمَ

IHDINAS-SIRAATAL-MUSTAQEEM
Guide us along the Straight Path,

صِرَاطَ الَّذِيْنَ اَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوْبِ عَلَيْهِمْ
وَلَا الضَّالِّيْنَ

SIRAATAL-LADHEENA AN'AMTA 'ALAIHIM
GHAYRIL-MAGHDHOobi 'ALAIHIM
WA LAD-DHAAALLEEN

*The path of those whom You have blessed – not the
path of those You inflicted with Your wrath
nor gone astray*

After Surah Al-Fatiha, recite Surah Al-Ikhlās once:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

BISMILĀHIR-RĀHMAĀNIR-RĀHEEM

*In the Name of Allah - the Most Compassionate,
the Most Merciful*

قُلْ هُوَ اللَّهُ أَحَدٌ

QUL HUWAL LAAHU AHAD

Say, "He, Allah is One"

اللَّهُ الصَّمَدُ

ALLAH HUS-SAMAD

Allah - the Needless

لَمْ يَلِدْ وَلَمْ يُولَدْ

LAM YALID WA LĀM YOOLAD

He neither begat, nor was He begotten

وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

WA LAM YAKUL-LAHOO KUFUWAN AHAD

And there is none comparable to Him



Now raise both hands to the ears and say once

ALLĀH-U AKBAR, then go to rukoo'

Rukoo'

(Bowing Position)



Recite once:

سُبْحَانَ رَبِّيَ الْعَظِيمِ وَ بِحَمْدِهِ
SUBHAN-A RABBI-AL-'AZIM-I WA BI-HAMDIH
*Glory be to my cherisher Lord, The Holy,
with His praise*

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ آلِ مُحَمَّدٍ
ALLĀHUMMA ṢĀLLI 'ĀLĀ MUḤAMMADIN WA ĀALI
MUḤAMMAD

*O My Lord! Send blessings on Muhammad and on the
descendents of Muhammad*

After recitation of the dhikr of rukoo',
stand and recite once:

سَمِعَ اللَّهُ لِمَنْ حَمَدَهُ

SAMI'ALLÁHU LÍMAN HÁMIDAH
Allah hears whosoever glorifies Him



Now raise both hands to the ears and say once
ALLĀH-U AKBAR, then go to sajdah

Sajdah

(Prostration)



Recite once:

سُبْحَانَ رَبِّيَ الْأَعْلَىٰ وَ بِحَمْدِهِ

SUBHAN-Ā RĀBBĪ-AL-A'LA-WA BI-HAMDIH
*Glory be to my cherisher Lord, The Highest,
with His praise*

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

ALLĀHUMMA ṢĀLLI 'ĀLĀ MUḤAMMADIN WA ĀALI
MUḤAMMĀD

*O My Lord! Send blessings on Muhammad and on the
descendents of Muhammad*

After sajdah sit up, say ALLĀH-U AKBAR,
then recite once:

أَسْتَغْفِرُ اللَّهَ رَبِّي وَأَتُوبُ إِلَيْهِ

ASTAĞFIRU-ĪLLĀHA RABBĪ WĀ-ATŪBU ILAYH
*Verily, I seek the forgiveness of Allah, who is my
cherisher Lord and I turn to Him in repentance*

Say ALLĀH-U AKBAR then go to the second sajdah.
Recite the same dhikr as the first sajdah

After the second sajdah sit up, say
ALLĀH-U AKBAR, then stand up saying:

بِحَوْلِ اللَّهِ وَقُوَّتِهِ أَقُومُ وَأَقْعُدُ

BI-HAW-LILLAHI WA QUWWATIHI AQUMU
WA AQU'D

By the power of Allah and His strength I rise and I sit

Second Rak'at

Qiyam

(Standing Position)

After Surah Al-Fatiha, recite Surah Al-Ikhlās once

In the second rak'at it is desirable (but optional) to say once:

كذلك الله ربي

KADHAALIKA-LLAHU RABBI

Such is Allah, my cherisher Lord

*Note: Kadhaalika-Illahu-Rabbi is only recited after Surah Al-Ikhlās, but not otherwise.
(Once, twice or three times)*



Then raise both hands to the ears and say once
ALLĀH-U AKBAR, then perform qunoot

Qunoot

(Supplication)



Recite once:

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا
عَذَابَ النَّارِ

RABBANA ATINA FI D-DUNYA HASANAT-AN WA
FIL-AKHIRATI HASANATAN WA QINA 'ADHAB-
AN-NAR

*Our Lord, give us good in this world and good in
the Hereafter, and save us from the punishment
of the Fire*

اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَ اٰلِ مُحَمَّدٍ

ALLĀHUMMA ṢĀLLI 'ĀLĀ MUḤAMMADIN WA ĀALI
MUḤAMMĀD

*O My Lord! Send blessings on Muhammad and on the
descendents of Muhammad*

Generally the above dua is recited in qunoot, but any
dua from the Holy Qur'an can be recited

After qunoot remain standing, say ALLĀH-U AKBAR,
then do the rukoo' and sajdah

Rise from sajdah, remain seated and say
ALLĀH-U AKBAR

Sitting Position



Sitting position between two sajdahs, and when
reciting tashahhud and salaam

While still sitting recite once:

الْحَمْدُ لِلَّهِ

AL-ḤĀMDU LILLĀH

Praise be to Allah

Tashahhud

(Declaration of Faith)

Remain seated as you recite the following:

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا
عَبْدُهُ وَرَسُولُهُ، اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

ASHHADU AN-LA ILAHA ILLALLAH, WAHDAHU LA
SHAREEK-ALLAH, WA ASHHADU ANNA MUHAMMAD-
AN ABDUHU WA RASULUH. ALLAHUMMA SALLI 'ALA
MUHAMMADIN WA AALI MUHAMMAD

*I bear witness that there is no god except Allah who is
one without any partner, and I bear witness that
Muhammad is His servant and Messenger. O Allah!
Bless Muhammad and the family of Muhammad*

Salaam

(Salutation)

Remain seated as you recite the following:

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ، السَّلَامُ عَلَيْنَا
وَ عَلَى عِبَادِ اللَّهِ الصَّالِحِينَ، السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَ
بَرَكَاتُهُ

AS-SALAMU 'ALAYK-A AYYUHAN-NABIYYU WA
RAHMATU-LLAH-I WA BARAKATUH, AS-SALAMU
'ALAYNA WA 'ALA 'IBADIL-LLAHI SSALIHEEN, AS-
SALAMU 'ALAYKUM WA RAHMAT-UL-ALLAH-I
WA BARAKATUH

*Peace be upon you O the Prophet, and the mercy of
Allah and His bounties be upon you too, peace be
upon us and upon the virtuous servants of Allah,
peace be upon you all, and the mercy of Allah and
His bounties be upon you all too*

After the salaam raise both hands to the ears three
times and recite each time:

اللَّهُ أَكْبَرُ
ALLĀH-U AKBAR
Allah is Great

Prayers of two rak'at (such as Namaaz-e Fajr) are ended after the salaam.

For prayers with more than two rak'at do not recite the salaam - instead, after the recitation of tashahhud stand up for the third rak'at saying:

بحول الله وقوته أقوم وأقعد

**BI HAW LILLAHI WA QUWWATIHI AQUMU
WA AQU'D**

By the power of Allah and His strength I rise and I sit



Third Rak'at

Qiyam

(Standing Position)

In qiyam instead Surah Fatiha and Ikhlas, recite the Tasbihaatul Arbaa' 3 times

Tasbihaatul Arbaa'

(Four Praises)

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَ لَا إِلَهَ إِلَّا اللَّهُ وَ اللَّهُ أَكْبَرُ

SUBHAN ALLAHI WAL-HAMD-U LILLAHI WA
LA ILAH-A ILLA ALLAHU WA-LLAH-U AKBAR

*Glory be to Allah, and all praise belong to Allah
and there is no god but Allah and
Allah is Great*

After the qiyam perform rukoo' and sajdah,
followed by the tashahhud and salaam to
complete 3 rak'ats (Namaaz-e Maghrib)



Fourth Rak'at

The fourth rak'at is offered in Namaaz-e Dhohr,
'Asr and Isha. Pray the fourth rak'at exactly as
the third one and complete your namaaz with
tashahhud and salaam

It is highly recommended to recite the following tasbih after completing every namaaz

Tasbih-e Zahra (a.s)

Say 34 times:

اللَّهُ أَكْبَرُ

ALLĀH-U AKBAR

Allah is Great

Say 33 times:

الْحَمْدُ لِلَّهِ

AL-ḤĀMDU LILLĀH

Praise be to Allah

Say 33 times:

سُبْحَانَ اللَّهِ

SUBḤĀAN ALLĀH

Glory be to Allah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
 رَضِيْتُ بِاللَّهِ رَبًّا، وَبِمُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ نَبِيًّا، وَبِالْإِسْلَامِ
 دِينًا، وَبِالْقُرْآنِ كِتَابًا وَبِالْكَعْبَةِ قِبْلَةً، وَبِعَلِيٍِّّ وَوَلِيٍِّّ وَإِمَامًا،
 وَبِالْحَسَنِ وَالْحُسَيْنِ وَعَلِيِّ بْنِ الْحُسَيْنِ وَمُحَمَّدِ بْنِ عَلِيٍّ
 وَجَعْفَرِ بْنِ مُحَمَّدٍ وَمُوسَى بْنِ جَعْفَرٍ، وَعَلِيِّ بْنِ مُوسَى
 وَمُحَمَّدِ بْنِ عَلِيٍّ، وَعَلِيِّ بْنِ مُحَمَّدٍ وَالْحَسَنِ بْنِ عَلِيٍّ وَالْحُجَّةَ
 بْنِ الْحَسَنِ صَلَوَاتُ اللَّهِ عَلَيْهِمْ أَتَمَّةً. اللَّهُمَّ إِنِّي رَضِيْتُ بِهِمْ
 أَتَمَّةً فَارْضِنِي لَهُمْ إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

*In the Name of Allah,
 The Most Compassionate, The Most Merciful*

*I am satisfied and happy that Allah is my Lord,
 Muhammad (SAWW) is my Prophet, Islam is my
 religion, Quran is the Book (I follow), Kaa'bah is the
 direction (towards which I turn),*

*Ali is the Vicegerent and Imam Hassan, Hussain,
 Ali son of Hussain, Muhammad son of Ali, Jafar son
 of Muhammad, Musa son of Jafar, Ali son of Musa,
 Muhammad son of Ali, Ali son of Muhammad, Hassan
 son of Ali and Mahdi son of Hassan (blessings of
 Allah be on them all) are Imams. O Allah, I am
 satisfied and happy that all of them are my Imams,
 so let me be a source of happiness to them.*

Verily, You are able to do all things.

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